

# PRINTING ON SUBLIMATED FABRIC



**Recommended Printing Sequence**

1. Bleed Blocker
2. Flash
3. White
4. Flash
5. White

**Recommended Printing Sequence**

1. Bleed Blocker (Black)
2. Flash
3. White
4. Flash
5. White

**Recommended Printing Sequence**

1. Bleed Blocker
2. Flash
3. White
4. Flash
5. Gold

**We recommend using a bleed blocker for all sublimated fabrics. Also recommend using a low temperature cure ink that cures between 250 and 280 degrees.**

## WHEN IN DOUBT

Contact your ink manufacturer before printing.  
We recommend an underbase with all inks.

FSG recognizes that the majority of our customers use plastisol ink.

We recommend:  
**One Stroke ELT Digital Black Under Base / ELT White**  
 Make sure any color inks used are low temperature cure inks.  
**Rutland Endurance Series low cure inks**  
**Wilflex Epic Top Score low cure inks**

## HEAT TRANSFERS

Heat transfers are not recommended on the sublimated section of the garment.

## DESIGN FOR SUBLIMATED GARMENTS

Designs with less fill and darker ink colors work best to block the pattern, lighter inks may allow the sublimated pattern to show through. Bold lines are recommended, fine lines will disappear into the pattern.

## GARMENTS W/ SUBLIMATED INSERTS

Styles with digital inserts (ie. 4140/2140, 4532, 4189/2189, 8861), make sure when printing to lay garment flat so the "Sublimation Pattern" does not overlap any areas of the garment.



## BEST GRAPHIC OPTIONS



For technical support, please reach out to our customer service team who will be able to get you in touch with our screen printing department. Email: [decoration@foundersportgroup.com](mailto:decoration@foundersportgroup.com)

## FOUNDER SPORT GROUP OFFERS PRINT SERVICES

Print orders can be placed on our builder at [FounderSport.com](http://FounderSport.com), or by calling 888-871-0990